

SOP FOR MANAGEMENT OF COVID-19 IN NAINITAL CANTONMENT

SOP IN CANTONMENT DISPENSARY NAINITAL

Nainital Cantonment runs a small dispensary and only OPD services are being provided. Hence, any patient showing COVID – 19 symptoms will be immediately referred to district hospital Nainital.

Nevertheless, SOP for COVID – 19 in Cantonment Dispensary Nainital will be followed as:-

1. Every patient coming to Dispensary should compulsorily undergo Thermal Screening before entering Dispensary premises.
2. This duty would be performed by **Mr. Ganesh Kumar (Dental Assistant)**. In absence of Mr. Ganesh Kumar, **Mr. Rajendra Singh (Dispensary Assistant)** will perform this duty.
3. Mask, Gloves and Face Shield are mandatory for the staff engaged in thermal screening.
4. Pharmacist will supervise the Thermal Screening Team and perform his duties as instructed by the Medical Officer.
5. Mask, Gloves and Face Shield (PPE KIT where necessary) are mandatory for all Medical Officers and Paramedical staff.
6. If the patient has no fever, treatment to be given symptomatically.
7. If the patient has fever, thermal screening staff shall enquire about : -
 - (i) Other symptoms suggestive of COVID – 19 like Cough, Sore throat, Cold, Breathlessness.
 - (ii) History suggestive of contact with a suspected / confirmed case of COVID – 19.
 - (iii) Travel history and relevant details.

If all three answers are yes, then the patient is treated as a SUSPECTED CASE OF COVID–19 and screening staff shall:-

Immediately inform the Medical Officer /advise the patient to immediately attend the District Hospital Nainital (Nodal City Centre for COVID-19)

8. All healthcare and supporting staff is encouraged to monitor their own health at all the time of appearance of COVID -19 symptoms and report them at their earliest.

RECOMMENDED PPE FOR STAFF ENGAGED IN VARIOUS DUTIES

| S.NO. | TYPE OF STAFF | RECOMMENDED PPE |
|-------|--|-------------------------------------|
| 1. | Thermal Screening Staff | Mask, Gloves, Face Shield |
| 2. | Medical Officers and Paramedical Staff | Mask , Gloves, Face Shield, PPE Kit |
| 3. | Sanitary Staff | Mask ,Gloves, Face Shield & PPE Kit |
| 4. | Administrative Staff | Mask |
| 5. | Other Field Staff | Mask & Gloves |

SOP for Sanitary Section and Dispensary regarding Decontamination, Disinfection Protocols, Bio Medical Waste Management

This SOP aims to provide interim guidelines about Decontamination & Disinfection, safe disposal of BMW and environment cleaning/sanitation etc.

1. Decontamination & Disinfection Protocol:

- (a) To ensure decontamination of public places where persons may have potential exposure to COVID – 19. It shall be disinfected with freshly prepared 1% Sodium Hypochlorite solution atleast once in 3 days.
- (b) All frequently touched areas such as surfaces of walls and windows, toilet bowl and bathroom surface will be carefully cleaned. All Linens will be first treated with 1% Sodium Hypochlorite and then washed with hot water and detergent.
- (c) Two Sanitary workers namely **SRI MOHAN RAM & SRI RANJEET RAM** shall perform their duties as mentioned in point (a) and (b) with appropriate PPE and shall be supervised by Sanitary Inspector.
- (d) Appropriate PPE kits and other safety measures to be provided to Garbage Vehicle Driver, Waste Collector, Helpers and Sanitary Workers.

2. Safe disposal of BMW should be ensured.

3. Environmental Cleaning and Sanitation:

Due to potential survival of the virus in the environment for several days the premises and areas potentially contaminated with COVID -19 should be cleaned with 1% solution of Sodium Hypochlorite.

SOP FOR THE SCREENING OF MIGRANTS FROM OTHER DISTRICTS / STATES

1. Notices will be circulated regarding any person who is a migrant from other Districts/ States and entering in Cantonment Area will have to undergo a proper COVID – 19 checkups at District Hospital Nainital and submit fitness certificate to the CEO.
2. Two field workers namely **SRI MAHESH CHANDRA PANDEY** and **SRI DEEPCHANDRA PATHAK** will enquire regarding any migrant from other District /State in Cantonment Area.
3. These two workers will report to Sanitary Inspector in case of any migrant in Cantonment Area.

Issued in Public Interest
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